

**SERMON SERIES**  
**THE LAW & THE CROSS**  
**“TRUSTING GOD TO WORK AND REST”**

**Exodus 20:8-11**

Pastor Steve Cavallaro

**I. God calls us to fulfill the Creation Mandate thru work.**

Who we worship → how we worship → when we worship  
(corporately)

*“Six days you shall labor, and do all your work”*

What did you learn about work? Is your understanding biblical or should it change?

**Genesis 1:28; 2:8-9; 15-17**

**II. God calls us to rest or cease from our regular work.**

*“Remember the Sabbath day”*: Dt. → *“observe”*

*“to keep it holy”* or set apart

*“a Sabbath to the LORD your God”*

Do you feel guilty resting? Do you make an idol of rest like the sluggard?

**Genesis 2:1-3**

**Exodus 31:12**

**Isaiah 58:13-14**

*“The Sabbath is a joy for man, but man finds his deepest joy in the Lord.”*

-J. Douma

*“Observing the Sabbath day requires faith.”*

-J. Douma

**III. Celebrate God and His great works together weekly!**

**Celebrate that God made us.** *“in six days the LORD made heaven and earth”*

*“rested on the seventh day”*

**Celebrate that God redeemed us.**

**Celebrate that we will live with God.** There is the rest that remains (Hebrews 4) by faith.

**Deuteronomy 5:15**

**Hebrews 4:1-2**

*“Sunday is the day that the Lord has given you to attend to your soul. On Sunday you can do the good things that you have been meaning to do. ... read that Christian book, spend time in your Bible ... pray, sing with your kids....”*

- Kevin DeYoung

*“The Sabbath looks forward to a complete and final rest in perfect communion with God.”*

-Edmund Clowney